



	Calories (kcal)	Calories from Fat (kcal)	Cholesterol (mg)	Carbohydrates (g)	Dietary Fiber (g)	Fat (g)	Protein (g)	Saturated Fat (g)	Sodium (mg)	Sugars (g)
ICED BEVERAGES										
Cold Brew- Large	0	0	0	0	0	0	0	0	0	0
Cold Brew- Medium	0	0	0	0	0	0	0	0	0	0
Cold Brew- Small	0	0	0	0	0	0	0	0	0	0
Milk and Honey Cold Brew- Large	237.94	20.27	8.75	56.25	0	2.25	3.89	1.32	6.51	52.81
Milk and Honey Cold Brew- Medium	169.83	17.41	7.5	38.5	0	1.93	3.36	1.13	5.92	36.12
Milk and Honey Cold Brew- Small	100.84	14.38	6.25	20.75	0	1.6	2.71	0.94	3.55	19.44
Iced 2% British Islander, large	349.35	86.96	37.5	50.25	0	9.66	14.61	5.83	50.1	47
Iced 2% British Islander, Medium	256.65	60.6	26.25	38	0	6.73	10.32	4.05	30.9	35.75
Iced 2% British Islander, Small	230	50	25	35	0	6	9	3.5	40	34
Iced 2% Cafe Mocha, Large	376.85	91.46	35	56.25	0	10.16	15.36	5.96	25.1	53
Iced 2% Cafe Mocha, Medium	281.65	66.22	25	43	0	7.36	11.07	4.3	18.4	40.75
Iced 2% Cafe Mocha, Small	217.7	52.24	20	32.75	0	5.8	8.79	3.4	11.7	31.25
Iced 2% Caramel Macchiato, Large	359.35	90.33	38.75	53	0	10.04	14.86	6.08	53.85	49
Iced 2% Caramel Macchiato, Medium	266.65	63.97	27.5	40.5	0	7.11	10.57	4.3	35.9	37.75
Iced 2% Caramel Macchiato, Small	207.7	52.24	22.5	30.75	0	5.8	8.54	3.53	31.7	28.75
Iced 2% Cinnamon Latte, Large	351.85	80.21	35	52.75	0	8.91	14.11	5.33	12.6	49.5
Iced 2% Cinnamon Latte, Medium	261.65	57.22	25	40.25	0	6.36	10.07	3.8	8.4	38
Iced 2% Cinnamon Latte, Small	202.7	45.49	20	30.75	0	5.05	8.04	3.03	4.2	29.25
Iced 2% Vanilla Latte, Large	351.85	80.21	35	53.75	0	8.91	14.11	5.33	12.6	50.5
Iced 2% Vanilla Latte, Medium	261.65	57.22	25	41	0	6.36	10.07	3.8	8.4	38.75
Iced 2% Vanilla Latte, Small	202.7	45.49	20	31.25	0	5.05	8.04	3.03	4.2	29.75
Iced 2% White Mocha Latte, Large	364.35	97.08	41.25	51.25	0	10.79	15.36	6.58	87.6	48
Iced 2% White Mocha Latte, Medium	271.65	70.72	30	39	0	7.86	11.07	4.8	68.4	36.75
Iced 2% White Mocha Latte, Small	210.2	55.61	23.75	29.75	0	6.18	8.79	3.78	49.2	28.25
Iced Chai- Large	430	120	20	68	0	14	9	7	70	63
Iced Chai- Medium	280	80	10	44	0	9	6	4.5	45	40
Iced Chai- Small	220	60	10	34	0	7	5	3.5	35	31
Iced Cinnamon Chai- Large	530	120	20	92	0	14	9	7	70	87
Iced Cinnamon Chai- Medium	350	80	10	62	0	9	6	4.5	45	58
Iced Cinnamon Chai- Small	270	60	10	46	0	7	5	3.5	35	43
ICED SPECIALTY LATTES										
Iced 2% Almond Joy Latte, Large	356.85	84.71	35	53.75	0	9.41	14.61	5.58	17.6	50.5
Iced 2% Almond Joy Latte, Medium	261.65	59.47	25	40.5	0	6.61	10.32	3.93	10.9	38.25
Iced 2% Almond Joy Latte, Small	205.2	47.74	20	31.25	0	5.3	8.29	3.15	6.7	29.75
Iced 2% Banana Split Latte, Large	359.35	84.71	35	53.75	0	9.41	14.61	5.58	17.6	50.25
Iced 2% Banana Split Latte, Medium	232.9	48.22	20	37.5	0	5.36	8.32	3.18	10.9	35.25
Iced 2% Banana Split Latte, Small	205.2	47.74	20	31	0	5.3	8.29	3.15	6.7	29.25
Iced 2% Cafe Vienna, Large	351.85	80.21	35	53.25	0	8.91	14.11	5.33	12.6	50
Iced 2% Cafe Vienna, Medium	261.65	57.22	25	40.75	0	6.36	10.07	3.8	8.4	38.5
Iced 2% Cafe Vienna, Small	202.7	45.49	20	31	0	5.05	8.04	3.03	4.2	29.5
Iced 2% Campfire Latte, Large	361.85	84.71	35	54	0	9.41	14.61	5.58	17.6	50.75
Iced 2% Campfire Latte, Medium	266.65	59.47	25	40.75	0	6.61	10.32	3.93	10.9	38.5
Iced 2% Campfire Latte, Small	207.7	47.74	20	31.25	0	5.3	8.29	3.15	6.7	29.75



	Calories (kcal)	Calories from Fat (kcal)	Cholesterol (mg)	Carbohydrates (g)	Dietary Fiber (g)	Fat (g)	Protein (g)	Saturated Fat (g)	Sodium (mg)	Sugars (g)
ICED SPECIALTY LATTES (cont.)										
Iced 2% Chocolate Monkey, Large	361.85	84.71	35	54	0	9.41	14.61	5.58	17.6	50.75
Iced 2% Chocolate Monkey, Medium	266.65	59.47	25	40.75	0	6.61	10.32	3.93	10.9	38.5
Iced 2% Chocolate Monkey, Small	207.7	47.74	20	31.25	0	5.3	8.29	3.15	6.7	29.75
Iced 2% Cinnamon Bear, Large	356.85	86.96	37.5	52	0	9.66	14.61	5.83	42.6	48.75
Iced 2% Cinnamon Bear, Medium	264.15	60.6	26.25	39.75	0	6.73	10.32	4.05	23.4	37.5
Iced 2% Cinnamon Bear, Small	205.2	48.86	21.25	30.25	0	5.43	8.29	3.28	19.2	28.75
Iced 2% Cookies and Cream Latte, Large	366.85	91.46	37.5	53.75	0	10.16	15.11	6.08	47.6	50.5
Iced 2% Cookies and Cream Latte, Medium	274.15	65.1	26.25	41.5	0	7.23	10.82	4.3	28.4	39.25
Iced 2% Cookies and Cream Latte, Small	210.2	51.11	21.25	31.25	0	5.68	8.54	3.4	21.7	29.75
Iced 2% Creamy Coconut Latte, Large	356.85	86.96	37.5	52.75	0	9.66	14.61	5.83	42.6	49.5
Iced 2% Creamy Coconut Latte, Medium	264.15	60.6	26.25	40.5	0	6.73	10.32	4.05	23.4	38.25
Iced 2% Creamy Coconut Latte, Small	205.2	48.86	21.25	30.75	0	5.43	8.29	3.28	19.2	29.25
Iced 2% French Vanilla Latte, Large	356.85	86.96	37.5	53.25	0	9.66	14.61	5.83	40.1	49.5
Iced 2% French Vanilla Latte, Medium	264.15	60.6	26.25	40.75	0	6.73	10.32	4.05	22.15	38.25
Iced 2% French Vanilla Latte, Small	205.2	48.86	21.25	31	0	5.43	8.29	3.28	17.95	29.25
Iced 2% Grasshopper, Large	361.85	84.71	35	54	0	9.41	14.61	5.58	17.6	50.75
Iced 2% Grasshopper, Medium	266.65	59.47	25	40.75	0	6.61	10.32	3.93	10.9	38.5
Iced 2% Grasshopper, Small	207.7	47.74	20	31.25	0	5.3	8.29	3.15	6.7	29.75
Iced 2% Heath Latte, Large	354.35	84.71	35	51.75	0	9.41	14.61	5.58	28.85	48.5
Iced 2% Heath Latte, Medium	259.15	59.47	25	38.5	0	6.61	10.32	3.93	22.15	36.25
Iced 2% Heath Latte, Small	202.7	47.74	20	29.75	0	5.3	8.29	3.15	14.2	28.25
Iced 2% Kit Kat Latte, Large	361.85	84.71	35	54.75	0	9.41	14.61	5.58	17.6	51.5
Iced 2% Kit Kat Latte, Medium	266.65	59.47	25	41.5	0	6.61	10.32	3.93	10.9	39.25
Iced 2% Kit Kat Latte, Small	207.7	47.74	20	31.75	0	5.3	8.29	3.15	6.7	30.25
Iced 2% Latte, Large	226.85	80.21	35	22.5	0	8.91	14.11	5.33	12.6	19.25
Iced 2% Latte, Medium	161.65	57.22	25	16	0	6.36	10.07	3.8	8.4	13.75
Iced 2% Latte, Small	127.7	45.49	20	12.5	0	5.05	8.04	3.03	4.2	11
Iced 2% Milky Way Latte, Large	369.35	94.83	38.75	54	0	10.54	15.36	6.33	58.85	50
Iced 2% Milky Way Latte, Medium	274.15	69.6	28.75	40.75	0	7.73	11.07	4.68	52.15	37.75
Iced 2% Milky Way Latte, Small	212.7	54.49	22.5	31.25	0	6.05	8.79	3.65	34.2	29.25
Iced 2% Mocha Mexicana Latte, Large	361.85	84.71	35	54	0	9.41	14.61	5.58	17.6	50.75
Iced 2% Mocha Mexicana Latte, Medium	266.65	59.47	25	40.75	0	6.61	10.32	3.93	10.9	38.5
Iced 2% Mocha Mexicana Latte, Small	207.7	47.74	20	31.25	0	5.3	8.29	3.15	6.7	29.75
Iced 2% Moe's Special, Large	356.85	86.96	37.5	52	0	9.66	14.61	5.83	42.6	48.75
Iced 2% Moe's Special, Medium	264.15	60.6	26.25	39.75	0	6.73	10.32	4.05	23.4	37.5
Iced 2% Moe's Special, Small	205.2	48.86	21.25	30.25	0	5.43	8.29	3.28	19.2	28.75
Iced 2% Mounds Latte, Large	361.85	84.71	35	54.75	0	9.41	14.61	5.58	17.6	51.5
Iced 2% Mounds Latte, Medium	266.65	59.47	25	41.5	0	6.61	10.32	3.93	10.9	39.25
Iced 2% Mounds Latte, Small	207.7	47.74	20	31.75	0	5.3	8.29	3.15	6.7	30.25
Iced 2% Nutty Irishman Latte, Large	344.35	80.21	35	51	0	8.91	14.11	5.33	16.35	47.75
Iced 2% Nutty Irishman Latte, Medium	254.15	57.22	25	38.5	0	6.36	10.07	3.8	12.15	36.25
Iced 2% Nutty Irishman Latte, Small	197.7	45.49	20	29.5	0	5.05	8.04	3.03	6.7	28
Iced 2% Raspberry Mocha, Large	354.35	84.71	35	53.25	0	9.41	14.61	5.58	17.6	49.25
Iced 2% Raspberry Mocha, Medium	259.15	59.47	25	40	0	6.61	10.32	3.93	10.9	37



	Calories (kcal)	Calories from Fat (kcal)	Cholesterol (mg)	Carbohydrates (g)	Dietary Fiber (g)	Fat (g)	Protein (g)	Saturated Fat (g)	Sodium (mg)	Sugars (g)
ICED SPECIALTY LATTES (cont.)										
Iced 2% Raspberry Mocha, Small	202.7	47.74	20	30.75	0	5.3	8.29	3.15	6.7	28.75
Iced 2% Raspberry Swirl, Large	349.35	86.96	37.5	51.25	0	9.66	14.61	5.83	42.6	47.25
Iced 2% Raspberry Swirl, Medium	256.65	60.6	26.25	39	0	6.73	10.32	4.05	23.4	36
Iced 2% Raspberry Swirl, Small	200.2	48.86	21.25	29.75	0	5.43	8.29	3.28	19.2	27.75
Iced 2% Snickerdoodle, Large	356.85	86.96	37.5	52.75	0	9.66	14.61	5.83	40.1	49
Iced 2% Snickerdoodle, Medium	264.15	60.6	26.25	40.25	0	6.73	10.32	4.05	22.15	37.75
Iced 2% Snickerdoodle, Small	205.2	48.86	21.25	30.75	0	5.43	8.29	3.28	17.95	29
Iced 2% Snickers Latte, Large	364.35	91.46	37.5	53.5	0	10.16	15.11	6.08	46.35	49.75
Iced 2% Snickers Latte, Medium	269.15	66.22	27.5	40.25	0	7.36	10.82	4.43	39.65	37.5
Iced 2% Snickers Latte, Small	207.7	51.11	21.25	30.75	0	5.68	8.54	3.4	21.7	29
Iced 2% Snow Peak, Large	354.35	86.96	37.5	52.25	0	9.66	14.61	5.83	42.6	49
Iced 2% Snow Peak, Medium	261.65	60.6	26.25	40	0	6.73	10.32	4.05	23.4	37.75
Iced 2% Snow Peak, Small	202.7	48.86	21.25	30.25	0	5.43	8.29	3.28	19.2	28.75
Iced 2% Trio, Large	349.35	83.58	36.25	51.75	0	9.29	14.36	5.58	27.6	48.5
Iced 2% Trio, Medium	259.15	60.6	26.25	39.25	0	6.73	10.32	4.05	23.4	37
Iced 2% Trio, Small	202.7	48.86	21.25	30	0	5.43	8.29	3.28	19.2	28.5
Iced 2% Turtle, Large	364.35	97.08	41.25	52	0	10.79	15.36	6.58	83.85	48
Iced 2% Turtle, Medium	271.65	70.72	30	39.75	0	7.86	11.07	4.8	64.65	36.75
Iced 2% Turtle, Small	210.2	55.61	23.75	30.25	0	6.18	8.79	3.78	46.7	28.25
Iced 2% Vanilla Love, Large	349.35	83.58	36.25	52.25	0	9.29	14.36	5.58	27.6	48.5
Iced 2% Vanilla Love, Medium	261.65	60.6	26.25	40	0	6.73	10.32	4.05	23.4	37.5
Iced 2% Vanilla Love, Small	202.7	48.86	21.25	30.25	0	5.43	8.29	3.28	19.2	28.5
Iced 2% White Rabbit, Large	349.35	86.96	37.5	50.5	0	9.66	14.61	5.83	46.35	47.25
Iced 2% White Rabbit, Medium	256.65	60.6	26.25	38.25	0	6.73	10.32	4.05	27.15	36
Iced 2% White Rabbit, Small	200.2	48.86	21.25	29.25	0	5.43	8.29	3.28	21.7	27.75
Iced Sugar Free 2% Caramel Machiato, Large	226.85	80.21	35	27.5	0	8.91	14.11	5.33	12.6	19.25
Iced Sugar Free 2% Caramel Machiato, Medium	161.65	57.22	25	20	0	6.36	10.07	3.8	8.4	13.75
Iced Sugar Free 2% Caramel Machiato, Small	127.7	45.49	20	15.5	0	5.05	8.04	3.03	4.2	11
Iced 2% Sugar Free French Vanilla, Large	226.85	80.21	35	27.5	0	8.91	14.11	5.33	12.6	19.25
Iced 2% Sugar Free French Vanilla, Medium	161.65	57.22	25	20	0	6.36	10.07	3.8	8.4	13.75
Iced 2% Sugar Free French Vanilla, Small	127.7	45.49	20	15.5	0	5.05	8.04	3.03	4.2	11
Iced 2% Sugar Free Kit Kat, Large	271.85	84.71	35	39	0.5	9.41	14.61	5.33	32.6	19.25
Iced 2% Sugar Free Kit Kat, Medium	184.15	59.47	25	25.75	0.25	6.61	10.32	3.8	18.4	13.75
Iced 2% Sugar Free Kit Kat, Small	150.2	47.74	20	21.25	0.25	5.3	8.29	3.03	14.2	11
Iced 2% Sugar Free Latte, Large	271.85	84.71	35	39	0.5	9.41	14.61	5.33	32.6	19.25
Iced 2% Sugar Free Latte, Medium	184.15	59.47	25	25.75	0.25	6.61	10.32	3.8	18.4	13.75
Iced 2% Sugar Free Latte, Small	150.2	47.74	20	21.25	0.25	5.3	8.29	3.03	14.2	11
Iced 2% Sugar Free Milky Way Latte, Large	271.85	84.71	35	38	0.5	9.41	14.61	5.33	32.6	19.25
Iced 2% Sugar Free Milky Way Latte, Medium	184.15	59.47	25	24.75	0.25	6.61	10.32	3.8	18.4	13.75
Iced 2% Sugar Free Milky Way Latte, Small	150.2	47.74	20	20.25	0.25	5.3	8.29	3.03	14.2	11
Iced 2% Sugar Free Raspberry Mocha, Large	271.85	84.71	35	36	0.5	9.41	14.61	5.33	32.6	19.25
Iced 2% Sugar Free Raspberry Mocha, Medium	184.15	59.47	25	22.75	0.25	6.61	10.32	3.8	18.4	13.75
Iced 2% Sugar Free Raspberry Mocha, Small	150.2	47.74	20	19.25	0.25	5.3	8.29	3.03	14.2	11



	Calories (kcal)	Calories from Fat (kcal)	Cholesterol (mg)	Carbohydrates (g)	Dietary Fiber (g)	Fat (g)	Protein (g)	Saturated Fat (g)	Sodium (mg)	Sugars (g)
STEAMERS										
2% Vanilla Steamer, Large	306.25	56.25	25	52.5	0	6.25	10	3.75	0	51.25
2% Vanilla Steamer, Medium	250	45	20	43.25	0	5	8	3	0	42.25
2% Vanilla Steamer, Small	201.56	36.56	16.25	34.75	0	4.06	6.5	2.44	0	33.94
Hot Chocolate, Large	333.75	70.88	26.25	54.5	0	7.88	11.5	4.63	27.5	53.25
Hot Chocolate, Medium	272.5	57.38	21.25	44.75	0	6.38	9.25	3.75	25	43.75
Hot Chocolate, Small	219.06	46.69	17.5	35.75	0	5.19	7.5	3.06	22.5	34.94
CHAI										
Hot 2% Chai Tea, Large	464.1	133.81	22.5	71.26	0	14.87	11.31	8	69.32	65.52
Hot 2% Chai Tea, Medium	394.62	114.73	20.63	59.82	0	12.75	10.15	6.89	56.94	55
Hot 2% Chai Tea, Small	309.85	92.53	20	45.01	0	10.28	9.32	5.64	39.61	41.37
Hot 2% Cinnamon Chai Tea, Large	564.1	133.81	22.5	95.26	0	14.87	11.31	8	69.32	89.52
Hot 2% Cinnamon Chai Tea, Medium	469.62	114.73	20.63	77.82	0	12.75	10.15	6.89	56.94	73
Hot 2% Cinnamon Chai Tea, Small	359.85	92.53	20	57.01	0	10.28	9.32	5.64	39.61	53.37
HOT BEVERAGES										
Espresso (Single Shot)	0	0	0	0	0	0	0	0	0	0
Coffee- Large	0	0	0	0	0	0	0	0	0	0
Coffee- Medium	0	0	0	0	0	0	0	0	0	0
Coffee- Small	0	0	0	0	0	0	0	0	0	0
Hot 2% Latte, Large	161.65	57.22	25	16	0	6.36	10.07	3.8	8.4	13.75
Hot 2% Latte, Medium	130.4	45.97	20	13	0	5.11	8.07	3.05	8.4	11
Hot 2% Latte, Small	104.26	37.05	16.25	10.25	0	4.12	6.54	2.46	4.2	8.94
Hot 2% Cafe Au Lait, Large	159.21	56.78	25	15	0	6.31	10.36	3.76	5.92	13.75
Hot 2% Cafe Au Lait, Medium	127.37	45.43	20	12	0	5.05	8.28	3	4.74	11
Hot 2% Cafe Au Lait, Small	95.53	34.07	15	9	0	3.79	6.21	2.25	3.55	8.25
Hot 2% Cappuccino, Large	161.65	57.22	25	16	0	6.36	10.07	3.8	8.4	13.75
Hot 2% Cappuccino, Medium	130.4	45.97	20	13	0	5.11	8.07	3.05	8.4	11
Hot 2% Cappuccino, Small	104.26	37.05	16.25	10.25	0	4.12	6.54	2.46	4.2	8.94
Hot 2% Caramel Macchiato, Large	252.9	62.28	26.88	37.5	0	6.92	10.45	4.18	29.03	34.88
Hot 2% Caramel Macchiato, Medium	207.9	49.35	21.25	31.5	0	5.48	8.32	3.3	22.15	29.25
Hot 2% Caramel Macchiato, Small	156.76	40.42	17.5	22.5	0	4.49	6.79	2.71	17.95	20.94
Hot 2% British Islander, Large	279.15	60.6	26.25	43.75	0	6.73	10.32	4.05	30.9	41.5
Hot 2% British Islander, Medium	225.4	49.35	21.25	35	0	5.48	8.32	3.3	30.9	33
Hot 2% British Islander, Small	176.76	40.42	17.5	27	0	4.49	6.79	2.71	22.95	25.69
Hot 2% Cafe Mocha, Large	341.65	70.72	25	56.5	0	7.86	11.57	4.55	23.4	54.25
Hot 2% Cafe Mocha, Medium	250.4	54.97	20	40	0	6.11	9.07	3.55	18.4	38
Hot 2% Cafe Mocha, Small	194.26	43.8	16.25	30.5	0	4.87	7.29	2.84	11.7	29.19
Hot 2% Vanilla Latte, Large	286.65	57.22	25	47.25	0	6.36	10.07	3.8	8.4	45
Hot 2% Vanilla Latte, Medium	230.4	45.97	20	38	0	5.11	8.07	3.05	8.4	36
Hot 2% Vanilla Latte, Small	179.26	37.05	16.25	29	0	4.12	6.54	2.46	4.2	27.69
Hot 2% Cinnamon Latte, Large	286.65	57.22	25	46.25	0	6.36	10.07	3.8	8.4	44
Hot 2% Cinnamon Latte, Medium	230.4	45.97	20	37.25	0	5.11	8.07	3.05	8.4	35.25
Hot 2% Cinnamon Latte, Small	179.26	37.05	16.25	28.5	0	4.12	6.54	2.46	4.2	27.19
Hot 2% White Mocha, Large	299.15	74.1	31.25	44.75	0	8.23	11.32	5.05	83.4	42.5
Hot 2% White Mocha, Medium	240.4	59.47	25	36	0	6.61	9.07	4.05	68.4	34



	Calories (kcal)	Calories from Fat (kcal)	Cholesterol (mg)	Carbohydrates (g)	Dietary Fiber (g)	Fat (g)	Protein (g)	Saturated Fat (g)	Sodium (mg)	Sugars (g)
HOT BEVERAGES (cont.)										
Hot 2% White Mocha, Small	186.76	47.17	20	27.5	0	5.24	7.29	3.21	49.2	26.19
Hot Americano, Large	10.8	1.94	0	2	0	0.22	0.14	0.11	16.8	0
Hot Americano, Medium	8.1	1.46	0	1.5	0	0.16	0.11	0.08	12.6	0
Hot Americano, Small	5.4	0.97	0	1	0	0.11	0.07	0.05	8.4	0
Hot Red Eye, Large	8.32	1.5	0	0.5	0	0.17	0.71	0.04	15.45	0
Hot Red Eye, Medium	7.14	1.29	0	0.5	0	0.14	0.57	0.04	13.08	0
Hot Red Eye, Small	5.96	1.07	0	0.5	0	0.12	0.43	0.03	10.71	0
SPECIALTY LATTES										
Hot 2% Snickers Latte, Large	299.15	68.47	27.5	47	0	7.61	11.07	4.55	42.15	44.25
Hot 2% Snickers Latte, Medium	237.9	54.97	22.5	37.25	0	6.11	8.82	3.68	39.65	34.75
Hot 2% Almond Joy Latte, Large	261.65	59.47	25	40.5	0	6.61	10.32	3.93	10.9	38.25
Hot 2% Almond Joy Latte, Medium	215.4	47.1	20	34.13	0	5.23	8.2	3.12	9.65	32.13
Hot 2% Almond Joy Latte, Small	166.76	38.17	16.25	25.63	0	4.24	6.66	2.53	5.45	24.31
Hot 2% Banana Split Latte, Large	264.15	59.47	25	40.5	0	6.61	10.32	3.93	10.9	38
Hot 2% Banana Split Latte, Medium	217.9	47.1	20	34.13	0	5.23	8.2	3.12	9.65	31.88
Hot 2% Banana Split Latte, Small	166.76	38.17	16.25	25.38	0	4.24	6.66	2.53	5.45	23.81
Hot 2% Cafe Vienna Latte, Large	286.65	57.22	25	46.75	0	6.36	10.07	3.8	8.4	44.5
Hot 2% Cafe Vienna Latte, Medium	230.4	45.97	20	37.75	0	5.11	8.07	3.05	8.4	35.75
Hot 2% Cafe Vienna Latte, Small	179.26	37.05	16.25	28.75	0	4.12	6.54	2.46	4.2	27.44
Hot 2% Campfire Latte, Large	266.65	59.47	25	40.75	0	6.61	10.32	3.93	10.9	38.5
Hot 2% Campfire Latte, Medium	220.4	47.1	20	34.38	0	5.23	8.2	3.12	9.65	32.38
Hot 2% Campfire Latte, Small	169.26	38.17	16.25	25.63	0	4.24	6.66	2.53	5.45	24.31
Hot 2% Chocolate Monkey Latte, Large	266.65	59.47	25	40.75	0	6.61	10.32	3.93	10.9	38.5
Hot 2% Chocolate Monkey Latte, Medium	220.4	47.1	20	34.38	0	5.23	8.2	3.12	9.65	32.38
Hot 2% Chocolate Monkey Latte, Small	169.26	38.17	16.25	25.63	0	4.24	6.66	2.53	5.45	24.31
Hot 2% Cinnamon Bear Latte, Large	264.15	60.6	26.25	39.75	0	6.73	10.32	4.05	23.4	37.5
Hot 2% Cinnamon Bear Latte, Medium	219.15	47.66	20.63	33.88	0	5.3	8.2	3.18	15.9	31.88
Hot 2% Cinnamon Bear Latte, Small	168.01	38.74	16.88	25.13	0	4.3	6.66	2.59	11.7	23.81
Hot 2% Cookies and Cream Latte, Large	244.15	62.85	26.25	34.75	0	6.98	10.57	4.18	25.9	32.5
Hot 2% Cookies and Cream Latte, Small	158.01	39.86	16.88	22.75	0	4.43	6.79	2.65	12.95	21.44
Hot 2% Creamy Coconut Latte, Large	264.15	60.6	26.25	40.5	0	6.73	10.32	4.05	23.4	38.25
Hot 2% Creamy Coconut Latte, Medium	219.15	47.66	20.63	34.63	0	5.3	8.2	3.18	15.9	32.63
Hot 2% Creamy Coconut Latte, Small	168.01	38.74	16.88	25.63	0	4.3	6.66	2.59	11.7	24.31
Hot 2% French Vanilla Latte, Large	264.15	60.6	26.25	40.75	0	6.73	10.32	4.05	22.15	38.25
Hot 2% French Vanilla Latte, Medium	219.15	47.66	20.63	34.75	0	5.3	8.2	3.18	15.28	32.63
Hot 2% French Vanilla Latte, Small	168.01	38.74	16.88	25.75	0	4.3	6.66	2.59	11.08	24.31
Hot 2% Grasshopper Latte, Large	266.65	59.47	25	40.75	0	6.61	10.32	3.93	10.9	38.5
Hot 2% Grasshopper Latte, Medium	220.4	47.1	20	34.38	0	5.23	8.2	3.12	9.65	32.38
Hot 2% Grasshopper Latte, Small	169.26	38.17	16.25	25.63	0	4.24	6.66	2.53	5.45	24.31
Hot 2% Heath Latte, Large	259.15	59.47	25	38.5	0	6.61	10.32	3.93	22.15	36.25
Hot 2% Heath Latte, Medium	212.9	47.1	20	32.13	0	5.23	8.2	3.12	20.9	30.13
Hot 2% Heath Latte, Small	164.26	38.17	16.25	24.13	0	4.24	6.66	2.53	12.95	22.81
Hot 2% Kit Kat Latte, Large	266.65	59.47	25	41.5	0	6.61	10.32	3.93	10.9	39.25
Hot 2% Kit Kat Latte, Medium	220.4	47.1	20	35.13	0	5.23	8.2	3.12	9.65	33.13



	Calories (kcal)	Calories from Fat (kcal)	Cholesterol (mg)	Carbohydrates (g)	Dietary Fiber (g)	Fat (g)	Protein (g)	Saturated Fat (g)	Sodium (mg)	Sugars (g)
SPECIALTY LATTES (cont.)										
Hot 2% Kit Kat Latte, Small	169.26	38.17	16.25	26.13	0	4.24	6.66	2.53	5.45	24.81
Hot 2% Milk Trio Latte, Large	284.15	60.6	26.25	45.25	0	6.73	10.32	4.05	23.4	43
Hot 2% Milk Trio Latte, Medium	227.9	49.35	21.25	36.25	0	5.48	8.32	3.3	23.4	34.25
Hot 2% Trio Latte, Small	179.26	40.42	17.5	27.75	0	4.49	6.79	2.71	19.2	26.44
Hot 2% Milk Way Latte, Small	146.76	41.55	17.5	19.63	0	4.62	6.91	2.78	19.2	18.06
Hot 2% Milky Way Latte, Large	232.9	64.53	26.88	31.75	0	7.17	10.7	4.3	31.53	29.13
Hot 2% Milky Way Latte, Medium	186.65	52.16	21.88	25.38	0	5.8	8.57	3.49	30.28	23
Hot 2% Mocha Mexicana, Large	296.65	61.72	25	47.5	0	6.86	10.57	4.05	13.4	45.25
Hot 2% Mocha Mexicana, Medium	235.4	48.22	20	37.75	0	5.36	8.32	3.18	10.9	35.75
Hot 2% Mocha Mexicana, Small	184.26	39.3	16.25	29	0	4.37	6.79	2.59	6.7	27.69
Hot 2% Moe's Special Latte, Large	264.15	60.6	26.25	39.75	0	6.73	10.32	4.05	23.4	37.5
Hot 2% Moe's Special Latte, Medium	219.15	47.66	20.63	33.88	0	5.3	8.2	3.18	15.9	31.88
Hot 2% Moe's Special Latte, Small	168.01	38.74	16.88	25.13	0	4.3	6.66	2.59	11.7	23.81
Hot 2% Mounds Latte, Large	266.65	59.47	25	41.5	0	6.61	10.32	3.93	10.9	39.25
Hot 2% Mounds Latte, Medium	220.4	47.1	20	35.13	0	5.23	8.2	3.12	9.65	33.13
Hot 2% Mounds Latte, Small	169.26	38.17	16.25	26.13	0	4.24	6.66	2.53	5.45	24.81
Hot 2% Nutty Irishman Latte, Large	279.15	57.22	25	44.5	0	6.36	10.07	3.8	12.15	42.25
Hot 2% Nutty Irishman Latte, Medium	222.9	45.97	20	35.5	0	5.11	8.07	3.05	12.15	33.5
Hot 2% Nutty Irishman Latte, Small	174.26	37.05	16.25	27.25	0	4.12	6.54	2.46	6.7	25.94
Hot 2% Raspberry Mocha, Large	289.15	61.72	25	46.75	0	6.86	10.57	4.05	13.4	43.75
Hot 2% Raspberry Mocha, Medium	227.9	48.22	20	37	0	5.36	8.32	3.18	10.9	34.25
Hot 2% Raspberry Mocha, Small	179.26	39.3	16.25	28.5	0	4.37	6.79	2.59	6.7	26.69
Hot 2% Raspberry Swirl Latte, Large	256.65	60.6	26.25	39	0	6.73	10.32	4.05	23.4	36
Hot 2% Raspberry Swirl Latte, Medium	211.65	47.66	20.63	33.13	0	5.3	8.2	3.18	15.9	30.38
Hot 2% Raspberry Swirl Latte, Small	163.01	38.74	16.88	24.63	0	4.3	6.66	2.59	11.7	22.81
Hot 2% Snickerdoodle Latte, Large	291.65	63.97	27.5	46.25	0	7.11	10.57	4.3	35.9	43.5
Hot 2% Snickerdoodle Latte, Medium	232.9	49.35	21.25	37.25	0	5.48	8.32	3.3	22.15	35
Hot 2% Snickerdoodle Latte, Small	181.76	40.42	17.5	28.5	0	4.49	6.79	2.71	17.95	26.94
Hot 2% Snickers Latte, Small	155.51	39.86	16.88	22.13	0	4.43	6.79	2.65	13.58	20.69
Hot 2% Snow Peak Latte, Large	289.15	63.97	27.5	45.75	0	7.11	10.57	4.3	38.4	43.5
Hot 2% Snow Peak Latte, Medium	230.4	49.35	21.25	37	0	5.48	8.32	3.3	23.4	35
Hot 2% Snow Peak Latte, Small	179.26	40.42	17.5	28	0	4.49	6.79	2.71	19.2	26.69
Hot 2% Turtle Latte, Large	299.15	74.1	31.25	45.5	0	8.23	11.32	5.05	79.65	42.5
Hot 2% Turtle Latte, Medium	240.4	59.47	25	36.75	0	6.61	9.07	4.05	64.65	34
Hot 2% Turtle Latte, Small	186.76	47.17	20	28	0	5.24	7.29	3.21	46.7	26.19
Hot 2% Vanilla Love Latte, Large	284.15	60.6	26.25	45.75	0	6.73	10.32	4.05	23.4	43
Hot 2% Vanilla Love Latte, Medium	230.4	49.35	21.25	37	0	5.48	8.32	3.3	23.4	34.75
Hot 2% Vanilla Love Latte, Small	179.26	40.42	17.5	28	0	4.49	6.79	2.71	19.2	26.44
Hot 2% White Rabbit Latte, Large	284.15	63.97	27.5	44	0	7.11	10.57	4.3	42.15	41.75
Hot 2% White Rabbit Latte, Medium	225.4	49.35	21.25	35.25	0	5.48	8.32	3.3	27.15	33.25
Hot 2% White Rabbit Latte, Small	176.76	40.42	17.5	27	0	4.49	6.79	2.71	21.7	25.69
HOT SUGAR FREE BEVERAGES										
Hot 2% Sugar Free Caramel Macchiato, Large	161.65	57.22	25	19.5	0	6.36	10.07	3.8	8.4	13.75
Hot 2% Sugar Free Caramel Macchiato, Medium	130.4	45.97	20	16	0	5.11	8.07	3.05	8.4	11



	Calories (kcal)	Calories from Fat (kcal)	Cholesterol (mg)	Carbohydrates (g)	Dietary Fiber (g)	Fat (g)	Protein (g)	Saturated Fat (g)	Sodium (mg)	Sugars (g)
HOT SUGAR FREE BEVERAGES (cont.)										
Hot 2% Sugar Free Caramel Macchiato, Small	104.26	37.05	16.25	12.25	0	4.12	6.54	2.46	4.2	8.94
Hot 2% Sugar Free French Vanilla Latte, Large	161.65	57.22	25	21	0	6.36	10.07	3.8	8.4	13.75
Hot 2% Sugar Free French Vanilla Latte, Medium	130.4	45.97	20	17	0	5.11	8.07	3.05	8.4	11
Hot 2% Sugar Free French Vanilla Latte, Small	104.26	37.05	16.25	13.25	0	4.12	6.54	2.46	4.2	8.94
Hot 2% Sugar Free Kit Kat Latte, Large	161.65	57.22	25	21	0	6.36	10.07	3.8	8.4	13.75
Hot 2% Sugar Free Kit Kat Latte, Medium	130.4	45.97	20	17	0	5.11	8.07	3.05	8.4	11
Hot 2% Sugar Free Kit Kat Latte, Small	104.26	37.05	16.25	13.25	0	4.12	6.54	2.46	4.2	8.94
Hot 2% Sugar Free Milk Way, Large	184.15	59.47	25	24.75	0.25	6.61	10.32	3.8	18.4	13.75
Hot 2% Sugar Free Milk Way, Medium	141.65	47.1	20	18.38	0.13	5.23	8.2	3.05	13.4	11
Hot 2% Sugar Free Milk Way, Small	115.51	38.17	16.25	14.63	0.13	4.24	6.66	2.46	9.2	8.94
Hot 2% Sugar Free Raspberry Mocha, Large	206.65	61.72	25	29.5	0.5	6.86	10.57	3.8	28.4	13.75
Hot 2% Sugar Free Raspberry Mocha, Medium	152.9	48.22	20	19.75	0.25	5.36	8.32	3.05	18.4	11
Hot 2% Sugar Free Raspberry Mocha, Small	126.76	39.3	16.25	17	0.25	4.37	6.79	2.46	14.2	8.94
Hot 2% Sugar Free Snickers Latte, Large	206.65	61.72	25	32.5	0.5	6.86	10.57	3.8	28.4	13.75
Hot 2% Sugar Free Snickers Latte, Medium	152.9	48.22	20	22.75	0.25	5.36	8.32	3.05	18.4	11
Hot 2% Sugar Free Snickers Latte, Small	126.76	39.3	16.25	19	0.25	4.37	6.79	2.46	14.2	8.94
Hot 2% Sugarfree Chai, Large	817.86	396.89	5.63	67.5	0	44.1	21.15	33.07	330.74	12.38
Hot 2% Sugarfree Chai, Medium	681.46	326.02	5.16	56.62	0	36.22	18.34	27.17	271.68	11.34
Hot 2% Sugarfree Chai, Small	534.49	271.8	20	43.5	0	30.2	14.3	21.9	189	11
SMOOTHIES										
New Mango Pineapple Smoothie, Large	162.93	7.14	0.66	36.48	1.48	0.79	3.83	0.53	0	32.47
New Mango Pineapple Smoothie, Medium	107.73	4.28	0.4	24.45	1.11	0.48	2.3	0.32	0	21.56
New Strawberry Banana Smoothie, Large	93.19	5.73	0.4	19.67	2	0.64	2.92	0.32	0	15.6
New Strawberry Banana Smoothie, Medium	130	10	0	29	3	1	3	0	0	21
New Very Berry Smoothie, Medium	100	10	0	21	3	1	3	0	0	17
New Very Berry Smoothie, Large	160	10	0	34	5	1.5	5	0.5	0	27
FROLATTES										
Large White Mocha Frolatte	1022.74	237.15	31.25	177.4	0	26.35	17.32	23.22	439.49	121.47
Medium White Mocha Frolatte	736.62	173.47	27.5	125.6	0	19.27	14.05	16.52	303	88.02
Small White Mocha Frolatte	540.74	125.89	18.75	93.07	0	13.99	9.79	12.11	227.25	64.99
Large Vanilla Frolatte	1010.24	220.27	25	179.9	0	24.47	16.07	21.97	364.49	123.97
Medium Vanilla Frolatte	726.62	159.97	22.5	127.6	0	17.77	13.05	15.52	243	90.02
Small Vanilla Frolatte	533.24	115.76	15	94.57	0	12.86	9.04	11.36	182.25	66.49
Large Mocha Frolatte	792.24	176.85	25	137.85	0	19.65	15.3	16.52	255.5	100.15
Medium Mocha Frolatte	746.62	168.97	22.5	129.6	0	18.77	14.05	16.02	253	92.02
Small Mocha Frolatte	548.24	122.51	15	96.07	0	13.61	9.79	11.74	189.75	67.99
Large Caramel Macchiato Frolatte	1017.74	230.4	28.75	179.15	0	25.6	16.82	22.72	405.74	122.47
Medium Caramel Macchiato Frolatte	734.12	170.1	26.25	126.85	0	18.9	13.8	16.27	284.25	88.52
Small Caramel Macchiato Frolatte	538.24	122.51	17.5	94.07	0	13.61	9.54	11.86	209.75	65.49
Medium Cappuccino Frolatte	654.32	160.46	22.5	109.35	0	17.83	13.09	15.55	247.2	71.27
Large Cappuccino Frolatte	937.94	220.76	25	161.65	0	24.53	16.11	22	368.69	105.22
Small Cappuccino Frolatte	485.94	116.25	15	82.57	0	12.92	9.07	11.39	186.45	53.99
Large British Islander Frolatte	764.74	172.35	27.5	131.85	0	19.15	14.55	16.4	280.5	94.15
Medium British Islander Frolatte	721.62	163.35	23.75	124.6	0	18.15	13.3	15.77	265.5	87.02



	Calories (kcal)	Calories from Fat (kcal)	Cholesterol (mg)	Carbohydrates (g)	Dietary Fiber (g)	Fat (g)	Protein (g)	Saturated Fat (g)	Sodium (mg)	Sugars (g)
FROLATTES (cont.)										
Small British Islander Frolatte	530.74	119.14	16.25	92.57	0	13.24	9.29	11.61	201	64.49
Large Chocolate Chip Frolatte	1340.25	447.3	44.56	199.17	2.89	49.7	22.58	37.72	431.68	136.52
Medium Chocolate Chip Frolatte	1005.79	349.16	38.8	144.7	2.41	38.8	18.47	28.64	298.99	101.52
Small Chocolate Chip Frolatte	761.58	267.11	28.04	109.5	1.93	29.68	13.37	21.86	227.04	76.94
BLENDED CHAI										
Large Chai Blended Creme	836.64	231.21	25	136.5	0	25.69	14.86	13.47	145.8	125.53
Medium Chai Blended Creme	594.22	167.26	22.5	94.5	0	18.58	12.24	9.85	97.2	86.89
Small Chai Blended Creme	433.94	121.23	15	69.75	0	13.47	8.43	7.11	72.9	64.14
MENU BLENDED CREMES										
Large Chocolate Chip Blended Creme	1258.77	416.06	25	202.42	5.02	46.23	19.36	33.31	587.93	141.1
Medium Chocolate Chip Blended Creme	943.68	328.77	22.5	147.5	4.18	36.53	15.83	25.6	393.51	105
Small Chocolate Chip Blended Creme	713.05	251.93	15	111.77	3.35	27.99	11.27	19.55	295.52	79.65
Large Kookie Monster	1708.66	539.27	25	282.74	6.83	59.92	23.57	36.41	902.3	202.01
Medium Kookie Monster	851.92	239.74	22.5	141.55	2.02	26.64	15.07	18.76	451.91	99.29
Small Kookie Monster	659.33	198.92	15	108.13	2.02	22.1	10.86	15.09	352.98	74.91
Large Vanilla Blended Creme	850.54	186.43	25	148.07	0	20.71	15.79	18.21	578.57	94.75
Medium Vanilla Blended Creme	603.48	137.41	22.5	102.21	0	15.27	12.86	13.02	385.71	66.38
Small Vanilla Blended Creme	440.89	98.84	15	75.54	0	10.98	8.89	9.48	289.29	48.75
BREAKFAST (sandwich on whole grain bread)										
Bacon, Egg, and Cheese Sandwich	550	290	630	25	1	33	36	11	1040	5
Sausage, Egg, and Cheese Sandwich	520	250	635	26	4	28	41	11	910	5
Veggie, Egg and Cheese	430	160	590	33	5	18	33	6	750	10
Egg and Cheese	440	220	605	25	1	24	27	8	580	5
LUNCH (sandwiches on whole grain bread)										
Greek Salad - No Dressing	310	180	75	17	5	20	16	13	1010	11
Caprese Salad- With Balsamic Vinaigrette	260	110	45	18	2	13	15	7	750	13
Saxbys Signature Salad - No Dressing	370	260	30	22	3	29	7	6	490	13
Chicken Avocado Sandwich	438	177	69	32	9	20	34	4	339	7
Chicken Avocado with Cheese Sandwich	459	178	71	34	9	20	37	4	555	9
Roasted Turkey Sandwich	344	110	30	35	8	12	24	2	978	6
Roasted Turkey with Cheese Sandwich	375	112	33	38	8	12	29	2	1299	8
Spicy Roast Beef Sandwich	470	243	57	31	5	27	29	5	1256	6
Spicy Roast Beef Sandwich with Cheese	520	280	70	31	5	31	33	7	1340	6
Caprese Sandwich	390	140	45	40	5	15	21	8	890	17
Yogurt Parfait	290	35	0	60	7	3.5	9	0	5	21
FroYo Original Tart- Small	130	0	0	28	0	0	4	0	5	26
FroYo Original Tart- Medium	200	0	5	42	0	0	6	0	10	40
FroYo Original Tart- Large	260	0	5	56	0	0	8	0	15	53
FroYo Cremoso- Small	160	35	15	27	0	3.5	5	2.5	10	28
FroYo Cremoso- Medium	240	50	20	40	0	6	7	3.5	10	42
FroYo Cremoso- Large	320	70	30	54	0	7	9	4.5	15	56